

POST OP INSTRUCTIONS

The treatment your child received is checked below, along with information to aid you and your child after the treatment.

Stainless Steel Crowns-

Your child's tooth has been covered with a fitted crown to strengthen the tooth, thereby allowing your child to maintain that tooth until it naturally falls out. The gum tissue surrounding the tooth may appear to be bleeding, purple or gray. This is normal as the crown is fit closely to the gum tissue. Once your child has a crown they should avoid eating sticky or chewy candies (starbursts, tootsie rolls, laffy taffy). Eating these candies could cause the crown to become loose or come off completely. If this happens, keep the crown and call the office immediately for an appointment to have it put back on.

Dental Fillings-

After the placement of dental fillings, teeth may often be sensitive to hot, cold and pressure for a brief period of time. It is not uncommon for recently filled teeth to require several weeks to feel "normal" again.

Pulpotomy-

When your child receives a nerve treatment, it is usually NOT necessary to prescribe any pain medication. Children that do experience discomfort usually do fine with Tylenol or Ibuprofen (follow the directions on the bottle.)

Dental Extractions-

After dental extractions, your child will have gauze pressure packs placed to control normal bleeding. Most dental extractions are routine and it is unlikely your child will need any pain medication or antibiotics. DO NOT allow your child to suck from a straw or drink carbonated beverages for 48 hours- this could prolong bleeding and healing.

Space Maintainer-

A space maintainer has been placed to prevent teeth from drifting into the space meant for a permanent tooth. Avoid hard or sticky foods, these could dislodge the appliance. If the appliance becomes loose or dislodged, call the office for an appointment immediately. The space maintainer will be continuously evaluated at each appointment to determine the appropriate time for removal.

Local Anesthetic-

Your child's mouth may be "numb" for up to 4-6 hours. Watch them closely to see that your child does not bite, scratch or injure the cheek, lips or tongue. Some children become very upset (even crying) and complain of pain when they realize their mouth feels "different." Many children are unfamiliar with this numb sensation and associate this with pain.

REMINDER!

Mild swelling and discomfort are normal following some dental procedures.

However, if your child experiences significant swelling or severe pain, please call our office so it can be properly managed.

Remember: it is important to brush and keep the area around new dental treatment clean, even if your child complains of discomfort.



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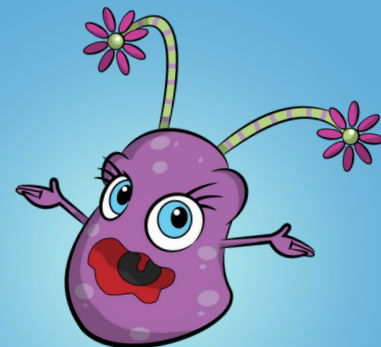
PRE & POST OP INSTRUCTIONS

APPOINTMENT DATE

TIME

Appointment Confirmation

Our office will call you to confirm your appointment. If you have not confirmed your appointment at least 24 hours before your appointment, your appointment will be canceled.



PRE-OPERATIVE INSTRUCTIONS FOR SEDATIONS



1. Arrive at our office at the time you were scheduled. The actual treatment and sedation of your child will be 30-60 minutes after you arrive. Expect to be at the office around 2-3 hours.

2. MOST IMPORTANT! DO NOT GIVE YOUR CHILD ANY FOOD or DRINK after midnight.

This is extremely important and the child will not be treated if he/she has had any food before the sedation appointment. If the child vomits during treatment, we will be unable to complete treatment scheduled for that day.

3. We may use different sedative agents to sedate your child. Below is what we think will be best for your child:

- meperidine (Demerol)
- hydroxyzine (Vistaril)
- diazepam (Valium)
- midazolam (Versed)

4. Please feel free to let your child bring a favorite blanket or stuffed animal to the appointment if he or she is strongly attached to it.

5. Dress your child in comfortable, loosely fitting clothing - preferably a short sleeve T-shirt and pants. This will help with attaching monitors, such as a blood pressure cuff, on his or her arms.

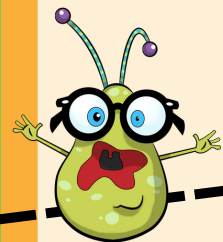
6. Please make arrangements for your child to stay at home with close supervision following the appointment. A few hours after make sure to keep their head in up-right position even when sleepy.

7. If your child's health changes, such as being diagnosed with condition, disease or has had a fever/cough/congestion, please let us know prior to their treatment. We also need to know if your child has had an injury to his/her head causing loss of consciousness, vomiting, or dizziness.

8. Please let us know on the day of sedation if your child has taken any over-the-counter medications within the last 24 hours. This is very important to us and for your child's safety.

9. Sedation appointment times are limited. We must be able to reach you at least 24 hours prior to your child's scheduled sedation appointment to confirm the child has had no health changes. In the event that our office is unable to reach you or you have not contacted our office 24 hours prior to the appointment, we reserve the right to cancel your child's appointment. Our office will only reschedule your child's appointment one time if we are unable to reach you.

10. If you have any further questions, do not hesitate to call our office. We are here to help you and your child!



**DON'T WORRY!
GIVE US A CALL.**

FOOD RULES

After dental treatment, especially dental extractions, your child's diet should initially consist of SOFT FOODS

(jello, pudding, smoothies)

CLEAR NON-CARBONATED BEVERAGES

(water, juice, Gatorade)

Avoid eating crunchy, sticky, salty, spicy or acidic foods for a couple of days for comfort.

